

**AMERICAN Y-FLYER SAILING ASSOCIATION
2024 NATIONAL CHAMPIONSHIP REGATTA
CARLYLE SAILING ASSOCIATION
June 24-28, 2024**

SAILING INSTRUCTIONS

1. RULES

This regatta will be governed by The Racing Rules of Sailing for 2021-2024 (RRS), Prescriptions of the US Sailing Association, and the AYFSA By-Laws except as modified in the Notice of Race, and these Sailing Instructions.

2. ENTRY

Competitors declared eligible by AYFSA may enter boats by completing the registration form with the organizing authority, AYFSA.

3. NOTICE TO COMPETITORS

3.1. Official notices to competitors will be communicated in the following ways:

3.1.1. The Carlyle Sailing Association “Official Notice Board” is located at the CSA pavilion.

4. CHANGES TO THE SAILING INSTRUCTIONS

4.1. Any change to the Sailing Instructions will be posted immediately after the competitors meeting on Wednesday June 26 and before 9:00 am on any other race day except any change in the schedule of races will be posted by 8:00 pm on the day before it will take effect.

5. SIGNALS MADE ASHORE

5.1. Signals made ashore will be displayed from the mast located on the CSA RC boat.

5.2. When flag AP is displayed ashore, one (1) minute is replaced with not less than 30 minutes in the race signal AP.

5.3. When flag Y is displayed ashore, rule 40 applies at all times while afloat.

6. SCHEDULE OF RACES

6.1. No more than three races will be sailed back-to-back without the competitors being sent to shore. No more than four races will be sailed per day. Two races must be completed to constitute the Junior National Regatta. Three races must be completed to constitute the Senior National Regatta.

6.2. In the event of Crew illness, injury, or non-availability, a Skipper may replace the Crew and resume competition. As soon as possible, on the water or on the shore, the Skipper must inform the Principal Race Officer (PRO) of the Crew change. The PRO shall convene a Competitor’s Meeting before racing begins, during a shore

break, or at the end of a day's racing, to discuss the acceptability of the requested Crew change. If a Skipper sails with an unapproved Crew, the Skipper shall Retire from the affected races.

Monday June 24

9:00 AM – Junior National Regatta Competitors Meeting at the RC boat.

10:00 AM – 30 minute Harbor Warning for the Junior Regatta Practice race.

The Warning Signal for the first Junior National Regatta race will follow the conclusion of the Junior Regatta Practice race.

Afternoon – Harbor Signal – Competitors should sail to the racing area.

Tuesday June 25

10:00 AM – 30 minute Harbor Warning Signal for the Junior Regatta race

Afternoon – Harbor Signal if additional racing is required.

No Junior National Regatta Race Warning Signal will be made after 3:00 PM unless less than two races have been completed at this time. There will be a maximum of 6 Junior National Regatta races including the practice race.

Wednesday June 26

9:00 AM – Senior National Regatta Competitors Meeting at the CSA RC boat.

10:00 AM – 30 minute harbor warning for 1st championship race.

Afternoon – Harbor Signal – Competitors should sail to the racing area.

Thursday June 27

10:00 AM – 1st day's race 30-minute harbor warning.

Afternoon – Harbor Signal – Competitors should sail to the racing area.

Friday June 28

10:00 AM – 1st day's race 30-minute harbor warning.

Afternoon – Harbor Signal – Competitors should sail to the racing area.

No race Warning Signal will be made after 3:00 PM unless less than three races have been completed at this time.

7. COURSE

- 7.1. Course will be posted on the Race Committee boat. The letter code designating the course shall be displayed from the stern of the RC boat:
- 7.2. Courses may be shortened in accordance with the racing Rule 32.
- 7.3. The courses will always be sailed counterclockwise leaving the marks to port (except when rounding the leeward gate).
- 7.4. Failure for the offset mark or either of the gate marks to be in place is not grounds for redress or protest.

8. MARKS

- 8.1. Marks of the course will be large red inflatable tetrahedron marks.
- 8.2. New marks will be a large yellow inflatable tetrahedron mark.
- 8.3. The signal boat is a mark of the course.

9. THE START

- 9.1. Once the race committee is on station all competitors will check in with the race committee prior to the warning signal for the first start each day. Failure to check in will cause disqualification.
- 9.2. Races will be started in accordance with Rule 26 with the warning signal made 5 minutes before the starting signal.
- 9.3. The starting line will be between the starting mark and a staff displaying the orange flag on the Signal boat.
- 9.4. A boat starting later than 5 minutes after her starting signal will be scored DNS without a hearing.
- 9.5. The Challenge Fleet and Senior Fleet will start together.

10. RECALLS

- 10.1. Individual recalls will be signaled in accordance with Rule 29.1. After the starting signal, the RC may attempt to announce any boats in violation of Rule 30 on VHF channel 72. Failure to hear or receive such transmissions will not be grounds for redress.
- 10.2. General recall will be signaled in accordance with Rule 29.2

11. CHANGING THE NEXT LEG OF THE COURSE

- 11.1. The race committee may change a leg of the course that begins at a rounding *mark* or at a gate by changing the position of the next *mark* (or the finishing line) and

signaling all boats before they begin the leg. The next *mark* need not be in a position at that time.

- 11.1.1. If the direction of the leg will be changed, the signal shall be the display of flag C with repetitive sounds and a green triangle for a change to starboard or a red rectangle for a change to port.
- 11.1.2. If the length of the leg will be changed, the signal shall be the display of flag C with repetitive sounds and ‘-’ if the length will be decreased or a ‘+’ if it will be increased.
- 11.1.3. When, in a subsequent change of course, a mark is replaced, it will be replaced with an original mark.
- 11.1.4. Minor adjustments in a mark’s location will not be signaled. This changed Rule 33.
- 11.1.5. Shortened courses will be in compliance with RRS Rule 32.2

12. MARK MISSING

- 12.1. If a *mark* is missing or out of position, the race committee shall, if possible, replace it in its correct position or substitute a new one of similar appearance, or substitute an object displaying flag M and make repetitive sound signals.

13. FINISH LINE

- 13.1. The finishing line will be between a staff displaying a blue flag on the RC boat and a mark of the course (or the finishing mark).

14. TIME LIMITS

- 14.1. The time limit for each race will be 90 minutes for the first boat to finish.
- 14.2. Boats finishing more than 30 minutes after the first boat that sailed the course and finishes, will be scored DNF. This changes racing RULE 35.

15. REGATTA

- 15.1. A race will be deemed to have started by the 1500 hrs deadline if the original start is within the 1500 hrs deadline, regardless of subsequent recalls or postponements.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1. Protests shall be written on forms available at the ASC Clubhouse race headquarters. Protests and requests for redress or reopening shall be delivered within the appropriate time limit and lodged with the jury’s representative there.
- 16.2. For each class the protest time limit is 60 minutes after the RC boat has docked for the day of racing.
- 16.3. The jury will hear protests in approximately the order of receipt as soon as possible.

17. SCORING

- 17.1. The low point scoring system, Appendix A4 or the racing rules will be used. If 5 or fewer races have been completed, a boat's score will be the total of all her race scores. If 6 or more races are completed, each boat's worst score will be discarded.
- 17.2. A boat that came to the starting area but did not start, did not sail the course, did not finish, retired shall be scored points for the finishing place one more than the number of boats that finished within the time limits, and a boat that did not come to the starting area or was disqualified shall be scored points for the finishing place one more than the number of boats registered. This changes RRS A5.2.

18. ALTERNATIVE PENALTIES

- 18.1. A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or Rule 31 in an incident while racing. However, when she may have broken one or more rules of Part 2 while in the *zone* around a *mark* other than a starting mark, her penalty shall be a Two-Turns Penalty.

19. LITTER

- 19.1. Anyone seen willfully discharging litter into the lake shall be scored "DSQ" for that race or the previous race.

20. RADIO COMMUNICATION

- 20.1. Race Committee broadcasts concerning its intentions, the course to be sailed, starting times, course changes, etc. are a courtesy only. Failure of the Race Committee to make a broadcast, the timing of a broadcast, or the failure of a boat to hear a broadcast shall not be grounds for redress under Rule 62.1(a).
- 20.2. A boat that retires from a race shall notify the RC or a support boat as soon as possible.

21. DISCLAIMER OF LIABILITY

- 21.1. Competitors participate in the regatta entirely at their own risk. See rule 3, Decision to Race. The Carlyle Sailing Association, its officers and members will not accept any liability for material damage of personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

22. NOTICE – ALL PARTICIPANTS:

It is your responsibility to leave the dock in time to make it to the race course.